

WILDCAT VOLLEYBALL



Team Captain Responsibilities

- Exemplifies the highest standards of a student-athlete.
- Fully supports the coaches, program, and athletic director.
- Is trustworthy, honest, and practices integrity.
- Has a strong work ethic.
- Is mature, positive, intelligent, and articulate.
- Has good communication skills and continues to improve them.
- Sets the standards for all players on the team.
- Appropriately confronts teammates who are not meeting team standards.
- Is positive and supportive of teammates.
- Is a likable person whom teammates and coaches respect and can turn to for help.
- Serves as a liaison between coaches and players.
- Meets with coaches on a regular basis to relate team problems and concerns.
- Meets with coaches on a regular basis to work on being a better leader.
- Assists the coaches when necessary.
- Helps in scheduling off-court activities.
- Takes the initiative to “lead” in all team activities.
- Provides leadership on and off the court.
- Leads warm-ups prior to practices and matches.
- Has the responsibility to address the official during a match with courtesy and respect.
- Shakes the up-official’s hand following each match.
- Knows the volleyball rules completely.
- Knows her role is vital to the team’s success and takes her role seriously.
- Knows that it is an honor to be a captain.

Wildcat Volleyball Captain Application

Please type your answers to the following questions. You do not need to retype the questions. Please attach this sheet to the BACK of your answers. This must be done by practice Monday, August 21 to be considered as a captain. Captains will be announced at the end of practice Wednesday, August 23.

1. Why do you want to be a captain for our team?
2. As a captain, you will need to take initiative on your own to lead others and to help our team. You will not always be directed by the coaches in this endeavor. What do you think our team needs the most from a team captain, and how would you help support that need?
3. As coaches, we are proud to be Wildcats, and we have high expectations and standards for our program and the athletes in it. We expect integrity, high moral character, and a strong work ethic in our athletes. As a captain, you must exemplify these characteristics. How will you ensure that you represent yourself, teammates, coaches, program, school, and community well on and off the court?
4. Conflict is something that every team experiences at one point. A team captain can be integral in helping to alleviate conflict. As a team captain, how would you approach conflict between teammates or frustration toward the coaching staff?
5. What are your strengths as a leader? What leadership aspects would you like to improve upon if you are chosen as a captain?
6. Is there anything else you would like us to know about you and your leadership qualities?

I have read the expectations of a team captain for the Wildcat volleyball team and wish to apply for the 2017 season.

Printed Name _____

Signature _____